

## Get a Head Start for Unison Awardees

An energizing and fulfilling experience running the Get a Head Start workshop for Unison Awardees with the purpose of learning skills and techniques for them to be Confident and result focused with shorter learning curve, be a Torchbearer for the community and effective Leader.

The focus was on Managing Self by understanding the skills to Self-Mastery and by shifting to empowering beliefs. The workshop covered aspects of Managing others, including Networking skills, Elevator speech and with a takeaway to seize ownership and become a voice of change and development.

